

Cornerstone Dog Training's Daily Puppy Routine Summary



MORNING 6AM-NOON

- Breakfast/Training
- On leash in the house
- Crate Time when not supervised



AFTERNOON NOON-4PM

- Lunch/Training/Playtime
- Food ends at 3:30pm
- Crate Time when not supervised



EVENING 4PM-10PM

- Water ends at 5pm
- Official bedtime 7pm
- Quiet potty break 10pm

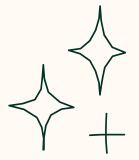


Schedules are unique! This is a general guide for creating your schedule with your puppy. We want a reliable but flexible routine. The key to a good routine will involve the elements above. Figuring out a schedule is difficult!

So we provided a more in-depth, recommended routine for optimum success that you can *adjust* to your needs!



Cornerstone Dog Training's Daily Puppy Routine



07:00 AM

Choose a time that works for you! In the beginning, to avoid accidents, take them out first thing. Take them potty on a leash, if they go, great! Now it's training time with food. If they don't go potty, back in the crate for 10 minutes, then out on the leash again.

08:00 AM

Crate time! A good indicator that your puppy is ready for more down time(in the crate) is that they are showing signs of overstimulation. Nipping, chewing, and especially ZOOMIES. Maximum time out of the crate is usually an hour at a time.

10:30 AM

Always take them potty when they come out of the crate. On leash is best. If your puppy hasn't finished breakfast yet, this is the time to do it. This is the time to train/play with your puppy. It is a good idea to take your puppy potty again before they have down time in the crate.

11:15 AM

Crate time! A good place to put the crate is a LOW traffic area. Not a central location where there is always activity, but also not a spot where they are completely isolated. A laundry room, or guest bathroom is a great place.

01:00 PM

As usual, potty first. Start lunch. When your puppy is first home, you want to hand feed them. Teach your puppy commands and use their food as reward. It builds a bond you can't duplicate! It's ok if your puppy doesn't finish the food in one go.

01:30 PM

Crate time! Make this schedule your own, this is a sample schedule! Sometimes puppy will be out for 15 minutes, sometimes an hour. It all depends on what has been earned. If they are getting wild, they are trying to tell you they need some rest.

03:15 PM

Potty first! Then, if your puppy still has a few pieces of kibble left this is the last time food will be offered today. *It is okay if your puppy doesn't eat all of their food, we always offer it, but puppies will eat when they are ready. Don't just leave it out for them to graze.

04:15 PM

Crate time! Puppies are growing, fast. They are constantly changing and that is exhausting! Just like babies, puppies need a lot of rest. Utilizing the crate mitigates potty accidents and helps in preventing behavioral issues like separation anxiety.

06:30 PM

Can you guess? Potty time! During this time, your puppy can have a sip or two of water but we really want to have the water cut off around 5:00pm to stay dry through the night. This is a great time to play with your puppy before bed.

07:00 PM

Crate time! This is the official "bed time" for puppies. However we will recommend taking them out once more, at least half hour before you go to sleep, especially while young.

10:00 PM

Keep this potty break very calm. Saying minimal words, calm energy. Go out, go potty, back in their crate. Goodnight little pup!

Look at you! You did it. You rocked a day in the life with your puppy.

